

Hora	Room TURQUESA 1	Room TURQUESA 2	Room TURQUESA 3	Room TURQUESA 4	Room TURQUESA 5	Room TUQUESA 6	Room Nursing school USP
08:00h-10:00h							Workshop 5: Demystifying and promoting the adherence of Clean Intermittent Catheterization
10:00h-10:30h							
10:30h-12:30h							Workshop 5: Demystifying and promoting the adherence of Clean Intermittent Catheterization (Continued)
14:00h-16:00h	Workshop 1: 3D Anatomy of the Pelvis	Workshop 2: Tibial Nerve Stimulation in Pelvic Floor Dysfunction	Workshop 4: Muscular function of the pelvic floor: classification, evaluation and relation with the appearance of urinary incontinence	Workshop 7: Office of the Professional Development Committee - Creating the Ideal Office: From Infrastructure to Personal and Institutional Marketing	Workshop 8: Pelvic Game Therapy	Workshop 9: Basic Urodynamics Course	Workshop 10: Prevention of Perineal Trauma
16:00-16:30	Pause (Without Coffee-Break)						
16:30-18:30	Workshop 1: 3D Anatomy of the Pelvis	Workshop 3: Update on the tools for assessing the function of pelvic floor muscles	Workshop 6: Refractory Contemporary Emergency Surgical Treatment	Workshop 7: Office of the Professional Development Committee - Creating the Ideal Office: From Infrastructure to Personal and Institutional Marketing (Continued)	Workshop: Loktal	Workshop 11: Advanced urodynamic course	Workshop 10: Prevention of Perineal Trauma (Continued)

THURSDAY MARCH 9th

Hora	BIG AUDITORIUM	Room TURQUESA 3+6	Room TURQUESA 2+5	Room TURQUESA 1+4	Room Nursing school USP
08:00-08:30					
08:30-10:30	Workshop 12: Integral Theory	Workshop 13: Gender Confirmation Surgery	Workshop 14: Anorectal and endovaginal ultrasound	Workshop 15: Adherence and virtual tools in Pelvic Physiotherapy	Workshop 16: Vaginal pessaries - what, when and how? (Will be done at the School of Nursing of USP)
10:30-11:00	Coffee-Break.				
11:00-12:30	Workshop 12: Integral Theory (continued)	Workshop 17: Sexuality and Pelvic Floor Pathology	Workshop 18: Using ultrasound as Biofeedback	Workshop 19: Urethral Diverticula – a diagnostic dilemma: How diagnose and treat	Workshop 16: Vaginal pessaries - what, when and how? (Will be done at the School of Nursing of USP)
12:30-14:00	Break				
14:00-14:30	Opening Conference: The role of fascia and ligaments in the genesis of pelvic pain				
14:30-16:00	Round table: Pelvic pain - a multimodal approach <ul style="list-style-type: none"> • Pelvic pain of neuropathic origin • Fascial Pain, Complex Regional Pain Syndrome and Sacroileitis • Endometriosis - overvalued or undervalued? • Proctalgias- new approaches 	Round table: Conservative management of prolapse <ul style="list-style-type: none"> • Physiotherapy: for whom? • Selection of the patient and the ideal pessary <ul style="list-style-type: none"> • Practical issues in the insertion and maintenance of pessaries • How to identify and treat complications of pessary use? 	Round table: Vaginal bladder / rectal fistula <ul style="list-style-type: none"> • Time to approach a fistula after hysterectomy • Actinic fistula: reconstruction, enlargement or derivation? • IOE, after the correction of a fistula <ul style="list-style-type: none"> • Management of the rectovaginal fistula 	Workshop 20: Uropediatria: challenges and possibilities	
16:00-16:30	Coffee-Break. Poster session 1				

Hora	BIG AUDITORIUM	Room TURQUESA 3+6	Room TURQUESA 2+5	Room TURQUESA 1+4	Room Nursing school USP
16:30-18:00	Round table: Chronic pelvic pain of myofascial origin <ul style="list-style-type: none"> • Clinical Evaluation • Vaginal flora and immune disorders How to investigate? • Physiotherapeutic approach • Options in refractory cases 	Round table: Children with Enuresis and Encopresis <ul style="list-style-type: none"> • Medical treatment of bedwetting • Medical treatment of Encopresis • Advances in physical therapy • Advances in nursing 	Session SINUG <ul style="list-style-type: none"> • Bladder, prostate, and pain syndromes in men • Current treatment of male incontinence • Discussion of clinical cases of pelvic pain and male incontinence 	Workshop 21: Male Urinary Dysfunction	
18:00-18:30	Break.				
18:30-19:00	Conference: Neuropelviology. Exploring new horizons				
19:00-19:30	Opening ceremony				
19.30-21.00	Opening Cocktail				

FRIDAY MARCH 10th



Hora	BIG AUDITORIUM	Room TURQUESA 3+6	Room TURQUESA 2+5	Room TURQUESA 1+4
08:30-09:00	Conference: The environment and bacterial resistance	Conference: Evidence-Based Pelvic Exercises Myths and Truths	Conference: New Horizons in Care for the Person with Pelvic Floor Dysfunctions	
09:00-10:30	Round table: Urinary infection. Specific approach in the stages of the life of the woman <ul style="list-style-type: none"> • UTI in gestation • ITU in postmenopause • Recurrent ITU management: probiotics, immunotherapy, and other options • Anorectal dysfunction and urinary tract infection 	Round table: Pelvic Floor and Male Sexual Dysfunction <ul style="list-style-type: none"> • Causes and clinical evaluation • Is there physiotherapeutic treatment? <ul style="list-style-type: none"> • The role of nursing • Medical treatment. 	Round table: Fecal Incontinence <ul style="list-style-type: none"> • Plugs and Devices • Stimulation of the posterior tibial • Sacral Neuromodulation • Magnetic Ring 	Symposium: Promedón
10:30-11:00	Coffee-Break. Poster session 2			
11:00-12:30	Cross Fire Session: PosteriorPrimer Duel: Meshes <ul style="list-style-type: none"> • Vaginal route: No !!!! Only by abdominal way !! • Vaginal route: Yes !!! Not complicated, my friend! Second Duel: Rectocele • Via Transanal: Never !!!! • Via Transanal: Always !!! 	Round table: Painful Bladder Syndrome <ul style="list-style-type: none"> • Interstitial cystitis: Defining the phenotypes • Myofascial pelvic pain and painful bladder syndrome <ul style="list-style-type: none"> • Pharmacotherapy • Electroacupuncture 	VIDEO SHOW <ul style="list-style-type: none"> • Urgency-Free Colpocleisis • Complex Urogenital Fistulas • Complex Anorectal Fistulas • Apical Defect: Laparoscopic Correction <ul style="list-style-type: none"> • Apical Defect: Vaginal Correction • Previous Site-Specific Correction • Posterior Site-Specific Correction <ul style="list-style-type: none"> • Mini Slings 	Workshop 22: Pain and Gestation
12:30-14:00	Symposium: Boston Scientific		Public Forum of the Brazilian Foundation for Continence BC Stuart	Symposium: Neomedic
14:00-14:30	Conference: The return of the meshes	Conference: 40 years of SARS. Achievements and lessons	Conference: A multidisciplinary approach to anorectal and pelvic floor dysfunction	
14:30-16:00	Round table: Pregnancy, Childbirth and Pelvic Floor <ul style="list-style-type: none"> • Etiopathogenesis of Gestation in Pelvic Floor Dysfunctions 	Round table: Neuromodulation in Neurogenic Bladder <ul style="list-style-type: none"> • External stimulation on demand • Botox Vs. Sacred Neuromodulation 	Crossfire: Double Incontinence, Do Supplemental Tests Change Behavior? Anorectal Manometry <ul style="list-style-type: none"> • If not Urodynamics 	Workshop 23: Myofascial pain, how to approach and treat

Hora	BIG AUDITORIUM	Room TURQUESA 3+6	Room TURQUESA 2+5	Room TURQUESA 1+4
	<ul style="list-style-type: none"> • Is it possible to predict pelvic floor injuries in the prenatal period? • The role of Physical Therapy in the prevention of Pelvic Floor Dysfunctions • Perineal Trauma Prevention Techniques 	<ul style="list-style-type: none"> • When to indicate a SARS • Laparoscopic implantation of neuromodulators. 	<ul style="list-style-type: none"> • If not Ultrasound • If not Magnetic resonance • If not 	
16:00-16:30	Coffee-Break. Poster session 3			
16:30-18:00	<p>Round table: Pudding Pain and Other Intrapelvic Neuropathies</p> <ul style="list-style-type: none"> • Conceptualization and differential diagnosis of Pudendo Neuralgia • Intrapelvic Radiculopathies concept, diagnosis and treatment • Magnetic Resonance and Tractography - Technique and perspective • Percutaneous treatments 	<p>Round table: Multidisciplinary approach to obstructed defecation syndrome</p> <ul style="list-style-type: none"> • Clinical diagnosis and dynamic assessment methods • What is the evidence for treatment with biofeedback or pelvic floor physiotherapy? • Botox and myorelaxants. When and how to use? • Laparoscopic Ventropexy. Indications and functional results. 	<p>Round table: "LUTS", Putz! What if it was not a prostate?</p> <ul style="list-style-type: none"> • Diabetic Cystopatia • DHIC - Hypocontractility with Detrusor • Pelvic Ischemia Syndrome • Actinic Cystitis 	<p>Workshop 24: Pelvic Pain: How Physical Therapy Can Help</p>
18:00-20:00	Asamblea General de ALAPP			

SATURDAY MARCH 11th



Hora	BIG AUDITORIUM	Room TURQUESA 3+6	Room TURQUESA 2+5	Room TURQUESA 1+4
08:30-09:00	Conference: Age, Sarcopenia and pelvic floor - how to evaluate and treat?	Conference: Latest trends in the use of electrotherapy for the treatment of UI	Conference: Incontinence-associated dermatitis	
09:00-10:30	Round table: Wide Vagina Syndrome, fact or fiction? <ul style="list-style-type: none"> • Childbirth, age, menopause: are they triggering factors? • Sexual satisfaction on both sides of the couple - how to make an evaluation <ul style="list-style-type: none"> • Physiotherapy: evidence-based treatment • Alternative treatments: LASER, cosmetic dermatology and intimate surgery 	Round table: Use of virtual reality in urogynecology <ul style="list-style-type: none"> • Robotic or computer assisted surgery • Rehabilitation of the pelvic floor through game-therapy • Realistic simulation in the teaching of intermittent catheterization • Mobile applications. 	Round table: Detrusor Esfinter (DDE) dyssynergia. Today's resources with the usual enemies <ul style="list-style-type: none"> • How and why to diagnose? • Sphincteric neurotoxin. A practical resource for a complex problem <ul style="list-style-type: none"> • Sphincterotomy. Do not fear the solution! • Sacral electrostimulation. Can we generate an "electric output"? • Discussion 	Workshop 25: Pain and Pelvic Floor Male
10:30-11:00	Coffee-Break. Poster session 4			
11:00-12:30	Round table: Genital Aesthetics <ul style="list-style-type: none"> • Aesthetics vs. Function • Dermatofunctional Approach • New Minimally Invasive Alternatives • Contemporary Surgical Techniques 	Round table: Hyperactive Bladder - Thinking beyond Urgency <ul style="list-style-type: none"> • Peripheral Nerves and Bladder • Brain and Bladder • Emotional and limbic factors • Future pharmacological perspectives 	Workshop 26: Technology in Pelvic Floor Exercises at Home. An innovative and original Strategy - iPelvi Project	Workshop 27: Urinary drainage disorders
12:30-13:00	Final Conference: Evidence-Based Traditional Chinese Medicine in the Treatment of Pelvic Floor Dysfunctions Lecturer: Aparecida María Pacetta			
13:00-13:30	Closing			